

#### FIND ALL WEBSITES HERE:

<u>https://linktr.ee/PCC\_Safety\_Resources</u> or scan QR code below with your phone's camera app



### 24/7 Crisis Hotlines

If you are in need of immediate assistance finding a safe location, call the Illinois Domestic Violence Hotline, 877-863-6338. All hotlines are free, confidential, and offer support 24/7 in English, Spanish, and additional languages.

- 1. Illinois Domestic Violence Hotline, (877) 863-6338
  - a. https://the-network.org/
  - b. The DV Hotline provides crisis safety planning and referrals to emergency housing and support services to survivors of domestic violence in Illinois.
- 2. National Domestic Violence Hotline, (800) 799-SAFE (7233) a. https://www.thehotline.org/
- 3. National Sexual Assault Hotline, (800) 656-HOPE (4673) a. https://www.rainn.org/resources
- 4. Chicago Rape Crisis Hotline, (888) 293-2080

a. https://ywcachicago.org/advancing-healing-safety-and-belonging#rape-crisis-hotline

- 5. Sexual Assault Hotline, (708) 482-9600
  - a. <u>https://pillarscommunityhealth.org/services/domestic-and-sexual-violence-services/sexual-assault-services/</u>
- 6. Sarah's Inn Crisis Hotline, (708) 386-4225
  - a. https://sarahsinn.org/

### **Violence Shelters**

Most shelters allow individuals to stay for several weeks at a time. Therefore, it may be hard to find an open bed as shelters can remain full for months at a time. If the Illinois Domestic Violence Hotline is unable to find an open bed for you, try calling the shelter locations on this guide. If they do not have open beds, they will give you the numbers of other shelter locations to call.



# Safety Resources

Shelter Locations	Organization	24hr Crisis Hotline	Contact	Services
Southside Chicago	Rosenthal Family Lodge (Family Rescue)	(800) 360-6619	(773) 375-8400	24- hour hotline; children's programming; counseling; education; legal assistance; transitional housing; emergency shelter
Confidential	Neapolitan Lighthouse	(773) 722-0005	(312) 964-5056	Legal advice, counseling services, clothing
North and Southside Chicago, Skokie	Apna Ghar	(773) 334-4663	(773) 883-4663	24-hour hotline; shelter; counseling; legal assistance; education; emergency shelter
Northwest suburbs and Southwest side of Chicago	WINGS	(847) 221-5680	(847) 519-7820	Housing, integrated services, education, advocacy, shelters
Humboldt Park	Connections for Abused Women and their Children (CAWC)	(773) 278-4566	(773) 489-9081 1116 N. Kedzie Avenue Chicago, IL 60651 Monday – Friday 9:00am – 5:00pm Appointment appreciated, but not required.	Shelter, legal advocacy, counseling

## Safety Organizations

These organizations do not provide housing but are great resources for safety planning, counseling, and additional information.

Organization	Contact	Services
Sarah's Inn https://sarahsinn.org/	(708) 386-3305	Counseling, safety planning, and short term protection
Mujeres Latinas en Acción https://mujereslatinasenaccion.org/	(773) 890-7676	Counseling and Services in English and Spanish
Between Friends	(773) 274-5232	Counseling, legal advocacy

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All information subject to change without notice. PCC Community Wellness Center is not responsible for outcomes associated with these organizations listed. Last updated: February 2024. Issues with this guide? We want to know! Please send us a patient portal message.



https://betweenfriendschicago.org/		
House of the Good Shepherd https://www.hgschicago.org/programs	(773) 935-3434	Adult learning, child enrichment, counseling, medical services
Love is Respect https://www.loveisrespect.org/	(866) 331-9474 Text LOVEIS to 22522	Healthy relationship support for young people
South Side Help Center https://www.southsidehelp.org/	(773) 445-5445 10420 S. Halsted St Chicago, IL 60628 Monday – Friday 9:00am – 5:00pm <i>Walk-ins accepted.</i>	Counseling, education, children's programming
Resilience https://www.ourresilience.org/programs- services/	(773) 287-6057	Virtual counseling, advocacy, trauma therapy, intervention, support groups.

Disclaimer: Most places that offer transitional housing only accept applicants through the coordinated entry system (CES). To learn more about CES, please see the housing resource guide document (Resource Guide\_Chicago Housing\_English) or visit this website <a href="https://allchicago.org/coordinated-entry-system/">https://allchicago.org/coordinated-entry-system/</a>